

SAVE - THE - DATE

August 12th and 13th, 2009



NATIVE FITNESS VI NIKE WORLD HEADQUARTERS BEAVERTON, OR

Certified Trainers from:



Northwest Portland Area
Indian Health Board

For Registration Info:

Siena Lopez-Johnston
Phone: (503) 416-3289
Email: sienalopez@npaih.org



Guest

Speaker:

Darryl Tonemah
Behavioral Change Specialist
Diabetes Prevention

Who Should Attend?

Native Fitness Leaders
Community Wellness Leaders
Diabetes Coordinators

Why You Should Attend?

Receive skills in basic aerobic training
Learn creative techniques in physical fitness training
Learn culturally specific approach to health & wellness
Certificate of completion

Western Tribal Diabetes Project
Northwest Portland Area Indian Health Board
527 SW Hall St. Ste. 300, Portland, OR 97217
Toll Free (800) 862-5497

August 12 & 13, 2009
Nike World Headquarters, Beaverton, Oregon

Native Fitness VI Registration Form

Host Hotel:

Homewood Suites
15525 NW Gateway Ct.
Beaverton, Oregon
Phone (503) 614-0900

Please Reference:

"The Native Fitness Training" when booking your room, in order to receive the group rate of \$129.00 + tax per night. Participants are responsible for their own travel and lodging costs. All reservations made by individuals are considered definite on cutoff date of 7/12/09, any reduction of room nights or cancelled rooms after the cutoff date will be charged.

Hotel Reservation Deadline
July 12, 2009

Conference Registration Deadline: First 175 participants will be accepted

- Please submit one registration form for each participant
- First time attendees will be given preference
- Registration is limited to (3) staff per Tribe, Organization, or Area
- Please coordinate with your Diabetes program
- Participant attendance is mandatory for entire length of event
- Prepayment is required, payment will not be accepted on site
- No exchanges or refunds for conference registration or products
- This training is only open to those 18 years of age and older
- Each participant will receive one pair of Nike Athletic Shoes

By completing this registration form, you are authorizing the Northwest Portland Area Indian Health Board, as well its collaborating partners to utilize any photographic images taken at the conference to be used for promotional purposes.



Name: _____ Tribe/Organization: _____

Title: _____ Email: _____

Phone: _____ Fax: _____ Address: _____

City: _____ State: _____ Zip: _____

Registration Fee: \$150.00

Shoe Type/Circle One: New 2009 Native N7/ Air Pegasus

Check/Purchase Order #:

Shoe Size:

Circle One: Men's / Women's

Fax/Mail Registration and Payment to:

Western Tribal Diabetes Project/NPAIHB, 527 SW Hall St Suite 300, Portland, OR 97201 Fax (503) 228-4801
Siena Lopez-Johnston, Email: sienalopez@npaihb.org (503)416-3289

This training includes physical activity so remember to wear your NIKE workout attire!